
POLO  TERRACE

MENU

Starters

Mezze Platter (v) Hummus, tzatziki and babaganoush served with roasted peppers and pitta bread	£8.50	Soup of the Day Freshly made soup of the day with crusty bread roll	£5.90
Mirza Ghasemi (v) Soft roasted aubergine in a tomato and garlic sauce and finished with fried egg	£5.90	Dolmeh (Stuffed Vine Leaves) Stuffed vine leaves cooked in a sauce of pomegranate and aromatic herbs	£5.90
Chicken Olivieh Roasted diced chicken in fresh olive oil mayonnaise with potatoes, gherkins and hard-boiled egg	£8.50	Stuffed Portobello Mushrooms (v) Filled with pesto and tomato, topped with parmesan cheese	£8.50
Kashk-e Bademjan Baked, crushed aubergine, slow cooked with seasoned yogurt and sprinkled with crushed walnuts and sautéed chopped mint	£6.90	Mast-o-Khiar (v) Thick greek style yogurt, flavoured with mint and cucumber	£5.00
Hummus (v) A blend of chick peas, tahini. Olive oil and freshly squeezed lemon juice. Served with flat bread	£4.90	Taftoun (v) Homemade organic white flour flatbread baked in our clay oven. Baked to order	£1.50
Doogh (v) Savoury yogurt-based beverage, seasoned with mint.	£4.00	Āsh (v) Hearty soup with Persian noodles, beans, spinach, parsley and coriander	£5.90
Kuku Sabzi (v) Persian baked frittata with egg, parsley, coriander and chives	£4.90		

Salads

Salad Shirazi (v) Medley of diced tomato, cucumber and red onion, with fresh lemon juice and olive oil	£4.90	Sabzi Khordan (v) Assorted fresh mixed herbs, spring onion, radish, walnuts and feta cheese	£5.90
Mediterranean Salad (v) Crisp fresh salad with artichokes, sundried tomatoes, beetroot, mozzarella with croutons and a light pesto dressing	£9.00/ £15.00		

Mains

Taste of Persia

Gheimeh Bademjan	£11.90	Fesenjan	£13.90
Lamb stew with split peas, sun dried lime, tomato, baby aubergine and saffron rice		Tender chicken pieces cooked in a rich, sweet and sour puree sauce of pomegranate and ground walnuts	
Ghormeh Sabzi	£11.90		
Lamb Stew with a blend of mixed Persian herbs, kidney beans, sun dried lime and served with saffron rice			
Bamieh (v)	£8.90		
Stewed okra with tomato, saffron, diced red peppers and served with saffron rice			
Baghali Polo	£14.90		
Slow cooked lamb shank, served with fresh dill broad beans and saffron rice			
Zereshk Polo	£14.90		
Sweet and sour rice dish, served with succulent chicken, wild barberries, saffron, pistachios and almonds			
Koresh Karafs	£11.90		
Stewed lamb with celery, green pepper and parsley,			

Traditional

Grilled Best End of Lamb	£14.90
Best end of lamb with dauphinoise potatoes and braised red cabbage	
Ribeye Steak	£19.50
7oz grilled to your liking, served with fresh crisp salad and French fries	
Mushroom Risotto (v)	£12.50
Wild mushroom Arborio risotto and parmesan shavings	
Fillet of Seabass	£15.90
Pan-fried seabass fillets served with seasonal vegetables, new potatoes and a cream sauce	

Grills

(Served with Saffron Rice and Salad)

Cholo Joojeh	£12.90	Cholo Makhsoos	£19.90
Tender pieces of boneless breast of chicken, marinated in garlic saffron and fresh lime		One skewer of thinly sliced, tender lamb fillet and one skewer of finely seasoned hand ground shoulder of lamb	
Cholo Barg	£16.50	Polo Terrace Grill (for 2 people)	£29.90
Tender, marinated fillet of lamb in olive oil and onion		Selection of minced lamb skewers, tender best of end of lamb and marinated breast of chicken skewers	
Cholo Kubideh	£15.90	Grilled Salmon	£13.90
Skewered, freshly seasoned, hand ground shoulder of lamb		Served with hollandaise sauce and garnished with sautéed vegetables and potatoes	

Sides

Fries	£3.90	Mixed Salad	£2.90
Seasonal Vegetables	£3.50	Sautéed Spinach	£2.90

Desserts

Chocolate Fondant Treat yourself to a meltingly good gooey-on-the-inside pudding	£5.00	Lemon Posset Deliciously decadent, served with fresh strawberries	£5.00
Apple Crumble Traditional is best, served with custard	£5.00	Baked Vanilla Cheesecake A show stopping end to any dinner, served with fruit compote	£5.00
Fresh Fruit Salad	£5.00	Cheese and Biscuits	£6.50
Ice Cream Three scoops of Vanilla, Strawberry or Chocolate	£4.50		

All price include VAT at 20%

(V) - Vegetarian

*Some of our dishes may contain milk, egg, nuts, gluten, sesame, lupin, celery, mustard, fish, crustaceans,
molluscs.*

Please ask a member of staff for further information.